

Consultation

To schedule an appointment for a consultation with our licensed skin care specialists, please call 214-645-2353. If you must cancel an appointment, please call our office at least 24 hours in advance of your scheduled time for the courtesy of other patients.

Skin Care Evaluation

A consultation with patient evaluation is necessary prior to scheduling your skin care treatments. The evaluation allows our skin care specialist to determine your skin type, the appropriate products necessary for your treatment and the best treatment for your particular skin condition. We may find during your evaluation that treatments from lasers may better benefit your skin condition. Some treatments may also require a skin care regimen before beginning your treatment, and this will be discussed during the consultation.

Office Hours and Location

The Plastic Surgery Clinic is located on the fifth floor of the Outpatient Building, 1801 Inwood Road, Dallas. The clinical center is open Monday through Friday from 8:00 a.m. until 5:00 p.m., except on holidays. If you need directions to our clinic, please call 214-645-2353.

Guest and Patient Services

We want to ensure that your visit to our clinic is as convenient and comfortable as possible. A patient services representative may be called upon for help in arranging a wheelchair or other special assistance by calling 214-645-3395.



At UT Southwestern Medical Center, our licensed skin care specialists work together with our plastic surgery physicians to tailor a unique treatment plan for each person.

At an initial consultation, patients can discover how UT Southwestern can help improve the health of their skin.

Our team is dedicated to providing our patients with the highest level of personal attention and care in a comfortable and convenient setting.

The distinguished plastic surgeons on our team, who are on the faculty at UT Southwestern Medical School, are devoted not only to providing the latest in cosmetic medicine, but are also involved in age management research to assure the most effective state-of-the-art treatments possible.

Licensed Skin Care Specialists

Jacquelyn Helser
Wendy Turner-Pace

Plastic Surgery Physicians

Rod J. Rohrich, M.D., F.A.C.S.
Jeffrey M. Kenkel, M.D., F.A.C.S.
James F. Thornton, M.D., F.A.C.S.
Jeffrey E. Janis, M.D.
Michel Saint-Cyr, M.D., F.R.C.S. (C)
Sean M. Bidic, M.D.
Joel E. Pessa, M.D.
Shai M. Rozen, M.D.
Ronald E. Hoxworth, M.D.
Andrew P. Trussler, M.D.
Jonathan J. Cheng, M.D.



Plastic Surgery Clinic
UT Southwestern Medical Center
Outpatient Building
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UT SOUTHWESTERN
MEDICAL CENTER

PATIENT GUIDE

SKIN CARE SERVICES



PLASTIC SURGERY CLINIC



SKIN CARE CONSULTATION

Beautiful Skin Through Education

Learn about your skin and understand how it functions as well as gain knowledge about the differences between over-the-counter and medical grade products. With guidance from your aesthetician, you will uncover the facts about blemishes, hyper-pigmentation, effects of environmental damage and aging skin, through a review of your health history and lifestyle habits. Your aesthetician will show you which products and treatments are best for the health and beauty of your skin.



FACIALS

A Glowing Complexion From The Inside Out

Experience the ultimate in skin care solutions for every skin type. Your *facial begins with an application of oceanic self-heating mud on the spine to immediately relax the entire body. The skin is deeply cleansed, exfoliated, massaged, and pampered with a specialty mask that addresses the condition and health of the skin. Renew and regenerate with a glowing complexion and a skin care program for long-term improvement of the skin.

*Only 80min facials include the self-heating mud on the spine.

Advanced Skin Rejuvenation by Exfoliation

Skin rejuvenation by exfoliation is a great treatment for those in need of an intensive exfoliation. The treatment may be performed in addition to most facials or performed by itself. The use of alpha hydroxy, glycolic, or salicylic acids help to smooth the skin's texture, refine superficial lines as well as speed up the skin's renewal process.

CLINICAL SKIN CARE TREATMENTS

Chemical Peels

We offer several intensive chemical treatments designed to support and stimulate elastin and collagen development. Cellular turnover aides the skin in the removal of uneven pigmentation, wrinkles and active acne. Pores appear more refined and the overall texture of your skin will improve revealing your beautiful skin.

Pre-treatment consultations are necessary for all chemical peel treatments.

PERI & POST-OPERATIVE SKIN CARE

Skin care becomes even more important before and after cosmetic and reconstructive surgery. Whether you are having face or body surgery your skin will absorb stress. Facials, massage and physician-directed skin care products work together to produce skin that is stronger and more resilient when faced with the challenge of surgery. Your aesthetician can help provide you with guidance on how to care for your skin during this time.



Lymphatic Facial Drainage Massage

Lymphatic facial massage is a technique known for its varied health benefits. This massage, which includes the décolleté, face and scalp, stimulates the body's lymphatic system to remove toxins, reduce swelling, and rapidly heal bruising. This facial modality is extremely relaxing during times of stress. The massage is also beneficial before and after surgery.

Laser Consultation & Treatments

Whether its hair removal, removal of red or brown pigmentation, leg vein removal or facial rejuvenation a consultation with one of our certified medical aestheticians will provide you with the answers you need to make an informed decision. Enjoy the freedom from unsightly skin conditions with a non-invasive treatment that's tailored just for you.



FINISHING TOUCHES

Waxing Services

Depilatory wax is used to remove unwanted face and body hair from the root to allow up to a month free from tweezing or shaving. Future growth may become lighter and finer with consistent waxing. Products are used to reduce redness and condition the skin after waxing. The use of some facial exfoliants and acne medications should be discontinued a week before waxing services are to be administered.

Tinting

Tinted eye lashes and eyebrows allow you to be free from applying mascara and eyebrow makeup for several weeks. A patch test is required prior to your first appointment to ensure an allergy-free treatment.

ENHANCEMENTS

Permanent Make-up

The tattooing of makeup requires specialized techniques that are often referred to as "micro pigmentation", "micropigment implantation" or "dermagraphics". The cosmetic implantation technique deposits tiny individual implants of pigment into the dermal layer of the skin. Tattooing can also cosmetically improve the appearance of your brows, lips and eyes.

A pre-treatment consultation is necessary prior to having permanent make-up.

Eye Lid Enhancement

Whether its crow's feet, dark circles, or excess fluid retention, the eye area shows signs of aging and fatigue first. Since the eye area is composed of vulnerable tissue, a specialized treatment is a must. First, a three-phase massage is performed directly on the eye zone, followed by a supple, comforting eye mask that delivers therapeutic elements for the improvement of your skin.