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PREOPERATIVE INSTRUCTIONS - NECK LIPOSUCTION

- Stop taking aspirin and/or Ibuprofen 2 weeks prior to the procedure.
- Show up 30 minutes prior to appointment time. . Someone will need to drive you home after the procedure.

POSTOPERATIVE INSTRUCTIONS

- Wear the compression wrap as much as possible during the first week. After the first 48 hours, you can remove it to shower, then replace it with the foam padding. Leave off the gauze at the incision sites.
- We will give you prescriptions for pain medicine to take after the procedure as well as something to help you sleep, if needed.
- You may experience some bruising or swelling after the procedure.
- Try not to bend your neck forward or excessively turn your neck during the first 7-10 days. This will help promote healing and adherence of the skin to the underlying neck tissues.
- If you have any questions or concerns, call our office at 214-645-2353.