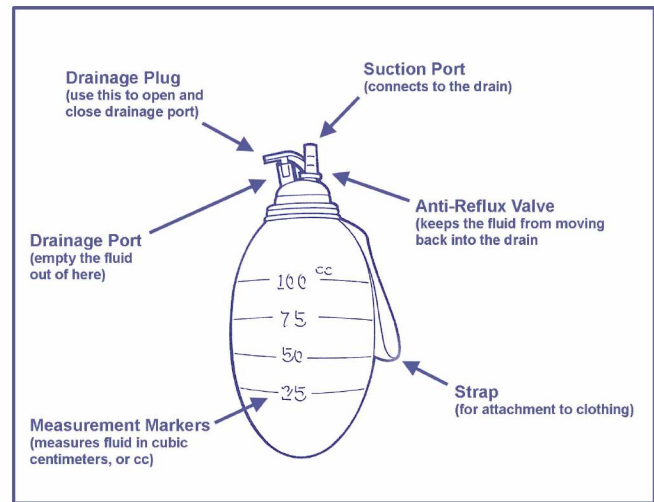


AFTER CARE INSTRUCTIONS-HOW TO TAKE CARE OF YOUR DRAINS JEFFREY M. KENKEL, MD

Your drain works by suction from the compressed bulb. This removes fluid from the surgical site and assists in wound healing. Before discharge from the hospital you will be shown how to care for the drain and drain site. It is important that you follow these instructions and record the drainage amount on the sheets provided. You will need to bring these recordings to your next appointment with Dr. Kenkel or his nurse.

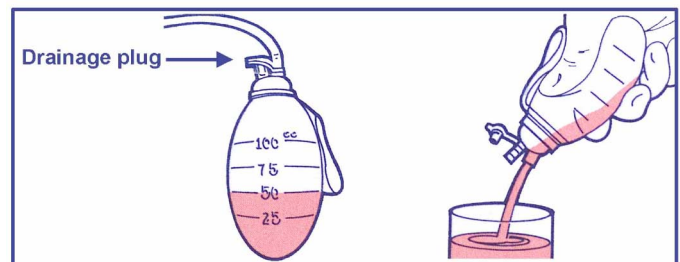


Care of the drain and drain site:

1. The drain should be stripped every 1-2 hours while awake. Use one hand to hold the drain securely next to the insertion site and using the other hand's thumb and forefinger squeeze all the way down the tube to the bulb. Using an alcohol wipe to strip eases this stripping motion.
2. Clean area around drain with cotton swab and peroxide mixture twice daily.
3. Apply antibiotic ointment with cotton swab.
4. Cover with dressing as instructed by Dr. Kenkel.

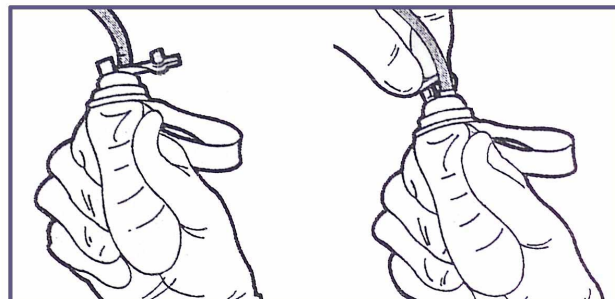
To empty the bulb:

1. Wash your hands.
2. Hold the bulb upright (drainage plug on top).
3. Remove the drainage plug to release pressure.
4. Allow bulb to fully expand.
5. Turn the bulb upside down and GENTLY squeeze the fluid in the medicine cup for accurate measurements in cc's.
6. Place the medicine cup on the counter.



To reactivate suction:

1. Squeeze the bulb to remove the air.
2. While squeezing, close drainage plug.
3. Release the bulb.
4. The bulb will stay collapsed or concave.
5. Wash your hands.



Important

- Be sure to empty the bulb before it fills completely or the drain will not work properly.
- Keep accurate records on the amount and quality of fluid.
- Be careful to keep the drain tightly in place.
- An airtight seal is necessary between both the skin and the drain and the drain and the bulb for the system to work properly.
- Pay attention to how your wound is healing and keep accurate record for Dr. Kenkel.

