#### Consultation

To schedule an appointment for a consultation with one of our doctors, please call 214-645-2353. If you must cancel an appointment, please call our office at least 24 hours in advance of your scheduled time for the courtesy of other patients.

#### **Patient Evaluation**

A consultation with patient evaluation is necessary prior to scheduling your laser treatment. The evaluation allows your doctor to determine your skin type, the appropriate laser necessary for your treatment, and the best treatment for your particular skin condition. We may find during your evaluation that treatments other than laser may better benefit your skin condition. Some treatments may also require a skin care regimen before beginning your treatment, and this will be discussed during the consultation.

#### Office Hours and Location

The Clinical Center for Cosmetic Laser Treatment is located on the fifth floor of the Outpatient Building, 1801 Inwood Road, Dallas. The clinical center is open Monday through Friday from 8:00 a.m. until 5:00 p.m., except on holidays. If you need directions to our clinic, please call 214-645-2353.

## **Guest and Patient Services**

We want to ensure that your visit to our clinic is as convenient and comfortable as possible. A patient services representative may be called upon for help in arranging a wheelchair or other special assistance by calling 214-645-3395.



The Clinical Center for Cosmetic Laser Treatment at The UT Southwestern Medical Center at Dallas specializes in offering the most current laser treatments available for

skin health restoration, hair reduction, rosacea and pigmented skin lesions, and vein and tattoo removal. The center is dedicated to educating patients about surgical and non-surgical means to help minimize and in some cases reverse the aging process. Since its inception in 2002, the center has distinguished itself for excellence in clinical and technological advances through its innovative skin health restoration services and products, as well as laser rejuvenation services.

The distinguished plastic surgeons on our team, who are on the faculty at UT Southwestern Medical School, are devoted to providing the latest in cosmetic medicine.

Plastic Surgery Physicians \* Jeffrey M. Kenkel, M.D., F.A.C.S. \* Rod J. Rohrich, M.D., F.A.C.S. \* James F. Thornton, M.D., F.A.C.S. \* Jeffrey E. Janis, M.D. Michel Saint-Cyr, M.D., F.R.C.S. (C) \* Sean M. Bidic, M.D. \* Joel E. Pessa, M.D. Shai M. Rozen, M.D. Ronald E. Hoxworth, M.D. Andrew P. Trussler, M.D. Jonathan J. Cheng, M.D. \* Board-certified by the American Board of Plastic Surgery



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www.utsouthwestern.edu/plasticsurgery

# **J** SOUTHWESTERN MEDICAL CENTER

# CLINICAL CENTER FOR COSMETIC LASER TREATMENT



# PLASTIC SURGERY CLINIC



# **OUR LASER SERVICES**

The Clinical Center for Cosmetic Laser Treatment integrates skin care management with advancements in ablative and non-ablative laser treatments to target skin rejuvenation. The ablative techniques go deeper within the skin, removing the outer layers and allows for dermal regeneration of more

organized collagen and less wrinkling. This technique takes a more aggressive approach to skin rejuvenation and typically requires a more extensive recovery period. Non-ablative techniques preserve the epidermis, or outer layer of the skin, and focus on the deeper

dermal structures, stimulating them to organize. Non-ablative techniques are designed to provide more youthful skin without the prolonged healing seen with some of the ablative techniques.

#### **MICROLASER PEEL**

The Microlaser Peel, or "Erbium Weekend," is an ablative, skin health and restoration treatment that promotes the growth of newer skin cells while removing the superficial damaged layers. The peel uses laser light to remove the skin's tough, dull outer layer to reveal newer skin beneath. Damage inflicted by the sun, aging and biological factors soften and patients begin to see a healthier, more youthful looking glow to the skin.

The Microlaser Peel helps restore skin to a more youthful appearance without the down time or prolonged recovery seen with other types of laser treatments.

#### **PHOTOREJUVENATION**

Photorejuvenation treatments are a non-ablative skin health and restoration approach used to erase the damage inflicted to skin by the sun, aging, and biological factors. The patented non-laser technology supplies a broad spectrum of light that reaches down within the skin, targeting pigment and vascular imperfections due

> to expanded blood vessels or rosacea on the face as well as the neck, chest, and hands. Photorejuvenation treatments are also used to improve skin texture and reduce pore size.

## LEVULAN PHOTODYNAMIC THERAPY (PDT)

This unique system uses light to treat actinic keratoses, or rough patches of skin caused by excessive sun exposure that can develop into squamous cell carcinomas. A topical solution is first applied to the skin, and then the area is exposed to a blue light, which destroys the actinic keratoses.

#### **SKIN TIGHTENING**

The skin tightening procedure is a U.S. Food and Drug Administration approved method for tightening skin using a non-invasive form of radiofrequency. The device's radiofrequency energy stimulates the production of new collagen and increases the thickness of the epidermis. The results produce new collagen over a period of time and reduce the signs of aging skin by tightening the underlying tissue. The procedure is a safe and effective treatment for wrinkles, skin laxity, and acne scarring.

It has been described as the ideal "pick-me-up" procedure for restoring a youthful appearance.

## LASER HAIR REDUCTION

Our center utilizes the most advanced hair reduction lasers available today. Laser hair reduction has improved

dramatically over the past few years and new technology allows for treatent of all hair-bearing skin types, from the very fair to the deeply pigmented, both safely and effectively.

## LASER TATTOO REMOVAL

Laser technology has become an important factor in the removal of skin tattoos. Before the new technology of lasers, the use of dermabrasion, salabrasion, and Argon

or CO2 lasers left behind scars in place of the tattoo. Besides being very painful, these methods were only partially effective and caused considerable scarring. The Clinical Center for Cosmetic Laser Treatment offers patients several of the premier tattoo removal lasers.

#### FRACTIONAL RESURFACING

This laser treatment offers improvements in skin texture, tone and firmness in just one treatment. It can help restore skin to a more youthful appearance with minimal downtime. Recuperation time is about three to seven days.



The distinguished plastic surgeons on our team are involved in age-management research to assure the most effective stateof-the-art treatments possible. Because of

the knowledge and experience of our team, patients can be certain that we only recommend treatments that will best meet the patient's individual needs.



#### LEG VEINS/TELANGECTASIAS

Laser technology has helped eliminate the appearance of spider veins on the face and legs. Spider veins are



stretched blood vessels that appear on the legs, and are not broken blood vessels, as is commonly believed. Their precise cause is unknown, but it is thought that heredity, excessive standing, weight gain, hormonal changes, and pregnancy may be some of the causes. Other services available through the center include an aggressive approach to the treatment of lower leg veins and telangectasias (small dilated superficial blood vessels).

Additionally, the center uses a combination of laser therapy and sclerotherapy to treat any residual veins and/or telangectasias.

#### PORT WINE BIRTHMARKS AND HEMANGIOMAS

Laser technology has advanced the treatment of vascular deformities such as hemangiomas and port wine stains. Port wine lesions are present at birth and usually occur on the face or neck. If untreated, port wine birthmarks can deepen in color and increase in size and depth with age. They can become raised, increasing their susceptibility to abrasion, ulceration, chronic infections, and circulatory problems. Therefore, port wine birthmarks are best treated as early as possible.

Hemangiomas are vascular malformations, which appear as raised red birthmarks. The majority occur in infants and young children.